

# STUDENT WELLBEING

## POLICY

### **Rationale:**

The emotional and physical wellbeing of our students is pivotal to their success at school, as adolescents, and in their future lives. Physically and emotionally healthy students are happy, able to deal positively with life's challenges, and are well placed to develop into well-balanced, resilient and successful young adults.

### **Aims:**

- To provide an educational environment which recognises, values and builds student wellbeing.
- To develop students who are physically and emotionally healthy.

### **Implementation:**

- Developing the wellbeing of our students is central to our role as a school, and is reflected in our whole school philosophy.
- A culture of positive reinforcement and encouragement will permeate all facets of our school.
- Student work and achievements will be regularly showcased and publicly recognised.
- Our school will value and encourage student individuality, differences and diversity.
- We will provide programs for the emotional and social health of students including Restorative Practices.
- The curriculum will be aligned with the National Standards/Vic Curriculum F-10 and be matched to the individual needs of each learner.
- Programs that support the wellbeing of parents and families will be available.
- The school will access DET regional and network staff with wellbeing and/or welfare expertise as required. Records of intervention will be filed in accordance to DET requirements.
- Programs dealing with issues such as body awareness, decision making, alcohol, tobacco and prescription medications will be covered through the Life Education program.
- You Can Do It! (Getting Along, Confidence, Resilience, Persistence and Independence), and Better Buddies programs will be used throughout the school.
- An active Student Representative Council will form part of the school's decision-making team.
- Staff will be provided with professional development regarding student wellbeing, the implementation of wellbeing programs, and the resolution of wellbeing issues.
- Students will be provided with support should they make an allegation of mistreatment or abuse. These issues will be dealt with according to the Mandatory Reporting, Child Safe and Safeguarding Children policies.
- The school will make provision for a Puberty Education program for Grade 5/6 students (and others deemed appropriate, following consultation with parents/guardians). This will be provided by an outside agency such as the Francis Hewitt organisation.

### **Evaluation:**

This policy will be reviewed as part of the school's three-year review cycle.

This policy was last ratified by School Council in....

**October 2016**